



**A Free Program!**

# Essential Pieces

**Putting The Pieces Together For The Sake Of Our Children**

**A Structured Educational Group for Parents of Children with Autism and Professionals Serving the Autism Community**

Children with ASD and their siblings are welcome to take part in free social groups, which are provided during parent programs. Please preregister for the social group by calling 540-450-2782.

**WEEK I** 6-7 P.M.

**Sept. 2, 2010**

*Nichole Pangle, NW Works, Incorporated  
Autism Inclusion Initiative Lead*

Join us as Niki tells us her story, and how we can support the All so that our children can benefit from these services as they get older!

**WEEK II** 6-7 P.M.

**Sept. 9, 2010**

*Marjorie Youngs, M.Ed.  
Executive Director, Blue Ridge Center  
for Therapeutic Horsemanship*

Therapeutic Riding: Horses as Teachers and Healers

**WEEK III** 6-7 P.M.

**Sept. 16, 2010**

*Shellie Selove, MS  
Licensed Professional Counselor, Licensed Marriage and  
Family Therapist, Selove Professional Counseling*

Tips for Couples who are Parents and/or Caregivers of Children with Autism: How to Keep Your Adult Relationship Strong

**WEEK IV** 6-7 P.M.

**Sept. 23, 2010**

*Christine Stephen  
Relationship Development Intervention (RDI)  
A Treatment for Autism*

**WEEK V** 6-7 P.M.

**Sept. 30, 2010**

*Lois Aylestock, Owner, Blue Ridge Meats  
Front Royal/Middletown*

Local Meat, Local Farm, Local Butcher – Conscious Eating Choices

**WEEK VI** 6-7 P.M.

**Oct. 7, 2010**

*Nathan Selove and SSD Sylvia  
High School Sophomore, Actor, Aspie, and Service Dog  
Partner (3 years); and  
Professor Ramon Selove and SSD Coriander  
Professor of Anatomy and Physiology, Aspie, and Service  
Dog Partner (6 months)*

Life with Autism and Service Dogs

**WEEK VII** 6-7 P.M.

**Oct. 14, 2010**

We are officially off, but if you are interested in our new Home-Based Behavioral Treatment Services program, please contact the LFSVA main office at 540-450-2782 or email [cphipps@lfsva.org](mailto:cphipps@lfsva.org)! Medicaid is accepted for this program!



Find us on  
**Facebook**

**Need help getting linked to EDCD Waiver services? Let us connect you with a Service Facilitator!**

Sponsored by Lutheran Family Services of Virginia in partnership with Grace Evangelical Lutheran Church  
26 West Boscawen Street, Winchester, VA 22601

[www.lfsva.org](http://www.lfsva.org)  
540-450-2782